

Testimonials

"Just completed the Spouse Leadership Development Course (like I'm sure a lot of you have or has signed up to take it)! It was a very good and informative class. Hopefully everyone gets the opportunity to attend it. Even after retiring from the military myself, I still learned some things in this class. I am glad that I took it and happy to have met other spouses and was able to hear their perspective on things. The instructor and guess speakers did an excellent job of presenting the class, especially doing it virtually. I encourage everyone to take it, if you're able to." **Jerry, Army Spouse 2021**

"As an international military spouse, ex-British service member and on behalf of all the internationals who participated in the recent SLDC, I can only speak highly of the course and how it's run. Not only was it interesting to learn how the US Army and its spouses work, but it has given me inspiration and techniques to take home and put into action. This course offers us an opportunity to learn new skills and make new connections, regardless of where you're from or how much you know already. My advice is to attend the course and embrace this rare opportunity and these new experiences." **Sally, International Spouse 2021**

"Often time Reserve Families don't have the same opportunities as our active duty counterparts do, this class is one of those exceptions! It doesn't matter if you're a seasoned spouse or newly married, what you'll take away from attending SLDC is invaluable. I encourage all my fellow reserve spouses to sign up for this amazing opportunity." **Jaime, Army Reserve 2021**

"While attending the SLDC, I gained valuable insight on many topics that prepare senior leader spouses. As a Marine Corps spouse, I was taught topics that pertain across all military branches. Also I was able to make friendships with sister and international service spouses. The diverse training has enabled me to better support my spouse in his new leadership responsibilities. I would strongly encourage this course for new and seasoned spouses of senior leaders." **Iris, Marine Corp Spouse 2021**



Check out our video testimonials!

<https://www.youtube.com/TheNCOLCoE/>

For More Information

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Our Mission

Educate senior enlisted spouses from the U.S. Army, sister services, and allied militaries and promote a team building approach by enhancing and developing leadership skills to support readiness, morale, and a successful command.

Course Goals

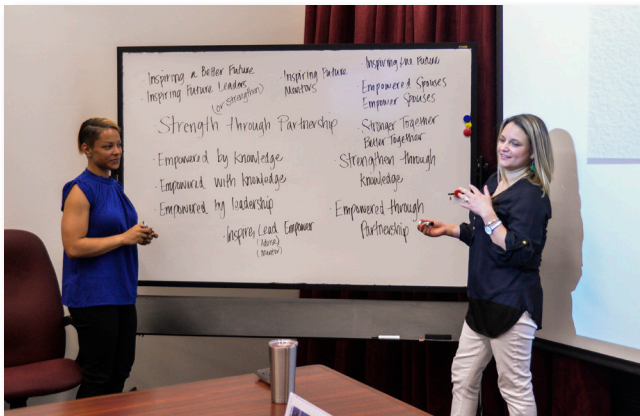
Builds upon the senior spouse's basic knowledge of leadership, group dynamics and teambuilding by enhancing awareness of current theories and models of human psychology.

Encourages and supports expression of diverse ideas, opinions and beliefs related to current issues and challenges facing Families regarding Army living, programs and transformation initiatives.

Forges and maintains strong peer support groups among senior spouses and creates a support network to sustain progress beyond the course.

Modes of Delivery

- Face to Face
- Virtual
- Distributed Learning



Course Map

Welcome/Opening Remarks	Ethics
SLDC Orientation	Care Team Training
Team Building: Group Dynamics	Marriage and the Senior Spouse
Self-Awareness (16 Personalities Test)	Resilience
Public Speaking and Presentations	Diversity/Inclusion
The Senior Spouse Role in the Soldier & Family Readiness Group & Deployment Discussion	Problem Solving & Decision Making
Leadership & the Senior Spouse	Dress for Success
Army Overview (NCO Heritage & Education Center (Virtual Tour)	Suicide Prevention
Protocol and Etiquette	Nutrition
The Senior Spouse Overview of Army Family Programs	Sleep Connection
Senior Spouse Role in Recruiting & Thanking Volunteers	Sexual Harassment Assault Response Prevention (SHARP)
Volunteer Management Information System (VMIS)	Planning a Reception
Public Affairs/Media/Security & Social Media	After Action Review
Benefits and Entitlements: Preparing for Retirement	Senior Spouse Panel
American Red Cross	Guest Speakers
	Graduation

SLDC FY 21-012 to FY 22-009

DATES	CLASS #	TIME (MST)
19 JUL 2021 - 28 JUL 2021 Monday - Wednesday (8 days) Distributed Learning (DL)	FY 21 - 012	0900 - 1400
23 AUG 2021 - 1 SEP 2021 Monday - Wednesday (8 days) Distributed Learning (DL)	FY 21 - 013	1700 - 2200
20 SEP 2021 - 29 SEP 2021 Monday - Wednesday (8 days)	FY 21 - 014	0900 - 1400
18 OCT 2021 - 27 OCT 2021 Monday - Wednesday (8 days)	FY 22 - 001	0900 - 1400
15 NOV 2021 - 19 NOV 2021 Monday - Friday (5 days)	FY 22 - 002	0900 - 1700
6 DEC 2021 - 15 DEC 2021 Monday - Wednesday (8 days)	FY 22 - 003	1700 - 2200
24 JAN 2022 - 2 FEB 2022 Monday - Wednesday (8 days)	FY 22 - 004	0900 - 1400
7 FEB 2022 - 16 FEB 2022 Monday - Wednesday (8 days)	FY 22 - 005	0900 - 1400
21 MAR 2022 - 30 MAR 2022 Monday - Wednesday (8 days)	FY 22 - 006	1700 - 2200
18 APR 2022 - 27 APR 2022 Monday - Wednesday (8 days)	FY 22 - 007	0900 - 1400
16 MAY 2022 - 25 MAY 2022 Monday - Wednesday (8 days)	FY 22 - 008	0900 - 1400
31 MAY 2022 - 9 JUNE 2022 Tuesday - Thursday (8 days)	FY 22 - 009	1500 - 2000

Course Scope

The Spouse Leadership Development Course is a 40-hour resident Army Training Requirements Resources System leadership support course designed for senior enlisted spouses from the U.S. Army, sister services, and allied militaries. It prepares them for leadership support positions in the military community. Major subject areas include programs in human psychology, human relations training, and leadership development. Spouses also learn healthy conflict management resolution techniques, protocol, public speaking and communication, effective listening, and team building skills. Soldier & Family readiness group training is also part of the curriculum, and spouses also receive in-depth information about benefits and entitlements. The Spouse Leadership Development Course applies a combination of lecture, discussion, and small group experiential learning methodologies.

Examinations are not conducted in this course!

Registration
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"The professional face of modern military spouses has changed significantly."